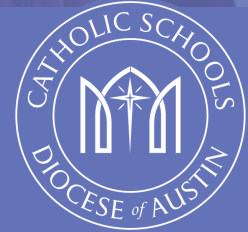


Health Guidelines for Catholic Schools in the Diocese of Austin

Updated May 2026.

To help reduce the spread of all viruses, below are guidelines all schools will use to exclude students from school and guidelines for their return to school. These guidelines are from the Texas Catholic Conference of Bishops Education Department Health Manual and the Diocese of Austin Handbook of School Policies.



Exclusion Guidelines	Return to School Guidelines
<i>A student with any of the following symptoms may be excluded from school:</i>	<i>A student may return to school when free of symptoms*, has been satisfactorily treated or submits a signed physician's statement that he/she is not contagious.</i>
Measured temperature of 100° or above	Fever free for 24 hours without the use of fever-suppressing medications
Signs of severe illness, including fever, irritability, difficulty breathing, crying that doesn't stop with the usual comforting, or extreme sleepiness.	Fever free for 24 hours without the use of fever-suppressing medications
Undetermined rash over any part of the body	Written physician release
Vomiting, nausea, or diarrhea <i>Vomiting: two or more times in 24 hours, unless a physician feels the cause of vomiting is not an infectious disease and the child is in no danger of becoming dehydrated</i> <i>Diarrhea: Three or more episodes of loose stools in a 24-hour period</i>	Symptom-free for 24 hours without the use of medication
Red, inflamed, or discharging eyes	Written physician's release
Open, draining lesions	Covered and diagnosed as not contagious
Head lice	Lice and nit-free
Diagnosed communicable disease - see CDC communicable disease chart	Follow CDC communicable disease chart found in TCCB health manual.