

St. Dominic Savio "Early Bird Relays" 2017

Date: February 11, 2017

Location: Vista Ridge High School 200 Vista Ridge Blvd Cedar Park, Texas 78613

Medals are Sponsored by "NO EGO" Sports apparel

8:30 am Coaches meeting/Hospitality

9:00 am	Shot Put	Pole Vault	Triple Jump
	JV Girls	JV Girls	JV Boys
	V Girls	V Girls	V Boys
	JV Boys	JV Boys	JV Girls
	V Boys	V Boys	V Girls

Running Finals VS. Time With Hot Heat Except the 4x400 & 100M Dash

8:30 am 3200M run JVG, VG, JVB, VB
100/110 Hurdles JVG, VG, JVB, VB
100M dash JVG, VG, JVB, VB
400M JVG, VG, JVB, VB
300IH JVG, VG, JVB, VB
200M Dash JVG, VG, JVB, VB

1:00 pm	Discus	High Jump	Long Jump
	JVG	JVG	JVB
	VG	VG	VB
	JVB	JVB	JVG
	VB	VB	VG

*Break for one hour Coaches/Workers Hospitality Area Provided

* Running Finals: Rolling Start

*FINAL VS TIME WITH SELECTED HOT HEATS

2:30 pm 4x100 JVG, VG, JVB, VB
800M Run JVG, VG, JVB, VB
4x200 JVG, VG, JVB, VB
1600m Run JVG, VG, JVB, VB
4x400 relay JVG, VG, JVB, VB

*Pick UP Award Package in the Press Box at the conclusion of the meet