

Texas Association of Private and Parochial Schools PREPARTICIPATION PHYSICAL EVALUATION PHYSICAL EXAMINATION



4	
STUDENT'S NAME	SPORT(S)
GENDER:	AGE: DATE OF BIRTH:
HEIGHT:	WEIGHT: % OF BODY FAT:
PULSE:	BLOOD PRESSURE:/ (/)
VISION R 20/L 20/	VISION R 20/L 20/CORRECTED: Y N Pupils: EQUALUNEQUAL

In keeping with the requirements of the Texas Association of Private and Parochial School, as a minimum requirement, this PHYSICAL EXAMINATION FORM must be completed prior to high school athletic participation each year of high school.

MEDICAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in			
the supine position			
Heart - Auscultation of the heart in			
the standing position			
Heart - Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Neck			
Back			
Shoulder/Arm			4
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

*station-based examination only

CLEARANCE	
☐ Cleared ☐ Cleared after completing evaluation/rehabilitation for:	
Not cleared for:	Reason:
Recommendations:	
Provider Name:	Date of Examination:
Provider Signature:	•
Provider Address:	
Provider Phone Number:	